

Shree Saptashrungi Ayurved Mahavidyalaya and Hospital,  
Nashik

Sanskrit Samhita Siddhant Department  
**subject : charak samhita (uttarardha)**

---

Long answer question : 15 marks

chapter 1 : rasayana adhyaya

- 1) what is Rasayana? explain it with types, effects and criterias of rasayana and explain "kutipravesika rasayana.
- 2) write types of aushadh, concept of rasayana and explain chyavanprasha rasayana.
- 3) explain concept of gramyahara and define its effects on sharir
- 4) explain concept of rasayana and describe in details - pippali rasayana
- 5) explain gramyahara in detail and its chikitsa.
- 6) what is Rasayana? explain it with types, effects and criterias of rasayana and explain " aachara rasayana."
- 7) explain in details - aachara rasayana

chapter 2 : vajikaran adhyaya

- 1) explain in details - concept of vajikaran and its efficacy in swasthavrutta.
- 2) define vajikarana, its gunakarma, indications and contraindications in details

chapter 3 : jwara chikitsa

- 1) jwara : paryaya, prakruti, prakara, nidanpanchaka and samanya chikitsa
- 2) explain in details nidanpanchaka and chikitsa of "navajwara"

- 3) explain in details nidanpanchaka and chikitsa of "jirnajwara"
- 4) explain in details nidanpanchaka and chikitsa of "vishamajwara"
- 5) explain in details nidanpanchaka and chikitsa of "punaravartakajwara"
- 6) explain in details nidanpanchaka and chikitsa of " agantujajwara"

chapter 4 : raktapitta chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of raktapitta.
- 2) explain chikitsa siddhanta and chikitsa according to awastha of raktapitta.

chapter 5 : gulma chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of gulma.
- 2) describe churna chikitsa in gulma.
- 3) describe ghruta chikitsa in gulma.

chapter 6 : prameha chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of prameha.
- 2) describe upadrava of prameha
- 3) explain in details aasav chikitsa in prameha.
- 4) Explain diabetes(prameha) in brief according to its nidan panchak.
- 5) Explain the types of diabetes(prameha) and it's treatment in brief.

chapter 7 : kushtha chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of kushtha.
- 2) explain dravya samgraha & chikitsa siddhanta of kushtha
- 3) describe in detail kshudra kushtha.

chapter 8 : rajyakshma chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of rajakshma
- 2) describe ekadasharupa rajyakshma.

chapter 9 : unmad chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of unmada.

chapter 10 : apasmar chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of apasmara.
- 2) describ nidanpanchaka and chikitsa siddhanata of atatvabhinivesha.

chapter 12 : shvayathu chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of shvayathu.
- 2) explain 5 ekadeshiya shotha.

॥ विद्या जगतः भूषणम् ॥

chapter 13 : udara chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of udara.
- 2) explain doshaja udara in details

chapter 14 : arsha chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of arsha.
- 2) explain avasthanurupa chikitsa of arsha.

chapter 15 : grahani chikitsa

- 1) describ nidanpanchaka and chikitsa siddhanata of grahani.
- 2) explain importance of agni in grahani samprapti.
- 3) describe aamapradoshaja vyadhi

chapter 16 : pandu chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of pandu.
- 2) describe nidanpanchaka and chikitsa siddhanata of kamala.
- 3) describe types of kamala in details

chapter 17 : hikka shwas chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of hikka.
- 2) describe nidanpanchaka and chikitsa siddhanata of Shwas.
- 3) describe 5 types of shwas in details

chapter 18 : kasa chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of kasa.
- 2) describe nidanpanchaka and chikitsa siddhanata of kshataja kasa.

chapter 19 : atisara chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of atisara.
- 2) explain agantuja atisara in details

chapter 20 : chhardi chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of chhardi.

chapter 21 : visarpa chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of visarpa

chapter 22 : trushna chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of trushna.

chapter 27 : urusthambha chikitsa

- 1) describe nidanpanchaka and chikitsa siddhanata of urusthambha.

chapter : vatavyadhi chikitsa adhyaya

- 1). Write down the symptoms of Kupita Vau according to Stana vaishishtya.
- 2). Write down the symptoms of Aavrutta Vau.
- 3). Write down the Samanya Chikitsa Upakarma of Vata Roga.
- 4). Write down the vau's 20 Paraspara Aawarane and their Chikitsa.

chapter 29 : vatashonita chikitsa

1) describe nidanpanchaka and chikitsa siddhanata of vatashonita.

chapter 30 : yonivyapada chikitsa

- 1) describe highlights of yonivyapad chikitsa adhyaya
- 2) explain in details nidanpanchaka of yonivyapad
- 3) explain in details shukradosha and stanyadosha
- 4) explain any 10 yonivyapada in details

kalpa sthana

chapter 1 : madanphala kalpa

- 1) madanaphala : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe madanphala kalpa adhyaya in detail
- 3) describe trividha desha with examples.

chapter 1 : jimutaka kalpa

- 1) jimutaka : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe jimutaka kalpa adhyaya in detail

chapter 1 : ikshwaku kalpa

- 1) ikshwaku : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe ikshwaku kalpa adhyaya in detail

chapter 4 : dhamargawa kalpa

1) dhamargawa : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe dhamargawa kalpa adhyaya in detail

chapter 5 : vatsaka kalpa

1) vatsaka : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe vatsaka kalpa adhyaya in detail

chapter 6 : krutavedhana kalpa

1) krutavedhana : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe krutavedhana kalpa adhyaya in detail

chapter 7 : shyamativruta kalpa

1) shyamativryta : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe shyamativruta kalpa adhyaya in detail

chapter 8 : chaturangula kalpa

1) chaturangula : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe chaturangula kalpa adhyaya in detail

chapter 9 : tilvaka kalpa

1) tilvaka : paryaya, prakara, matra, vishesh kalpa and gunakarma in details

2) describe tilvaka kalpa adhyaya in detail

chapter 10 : sudha kalpa

- 1) sudha : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe sudha kalpa adhyaya in detail

chapter 11 : saptalashankhini kalpa

- 1) saptala : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe saptala kalpa adhyaya in detail
- 3) shankhini : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 4) describe shankhini kalpa adhyaya in detail

chapter 12 : dantidravanti kalpa

- 1) danti : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 2) describe danti kalpa adhyaya in detail
- 3) dravanti : paryaya, prakara, matra, vishesh kalpa and gunakarma in details
- 4) describe dravanti kalpa adhyaya in detail
- 5) describe manaparibhasha of charak
- 6) describe shodhana niyam explained in kalpasthana chapter 12
- 7) explain snehapaka vidhi in detail

siddhisthana

chapter 1



- 1) describe vaman karma in detail with antiki, maniki, vaigiki and laingiki pariksha.
- 2) describe virechana karma in detail with antiki, maniki, vaigiki and laingiki pariksha.
- 3) explain samsarjana kram in details.

chapter 3

- 1) describe basti karma in detail.
- 2) describe niruha basti in detail.

chapter 4

- 1) describe sneha basti vyapad in detail with chikitsa.

chapter 5

- 1) describe basti netra vyapada with chikitsa

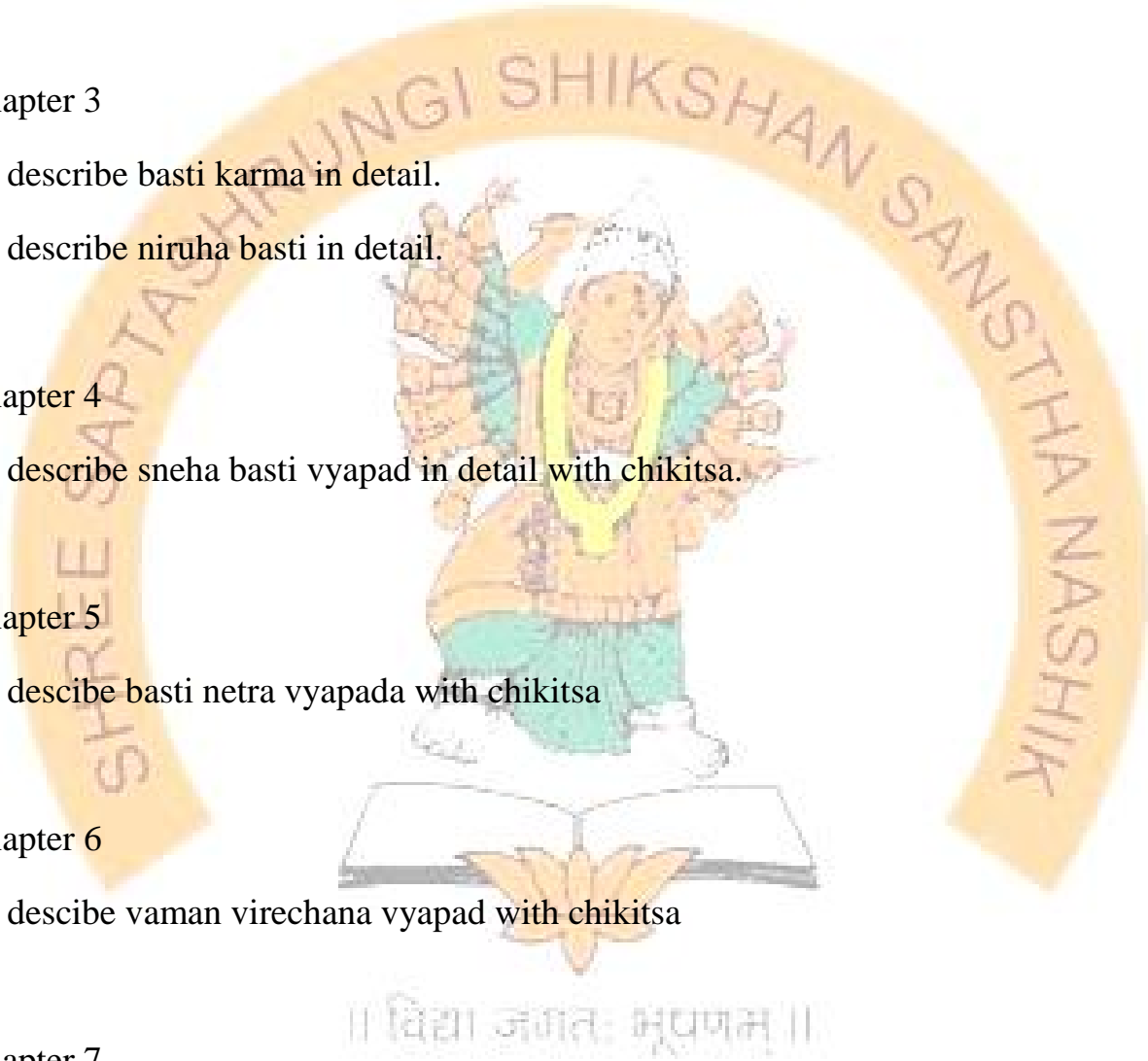
chapter 6

- 1) describe vaman virechana vyapad with chikitsa

chapter 7

- 1) describe niruha basti vyapad in detail with chikitsa

chapter 9



- 1) explain trimarma and their vyapada with chikitsa.
- 2) explain mutra dosha in detail
- 3) write any 5 mutra dosha with chikitsa
- 4) describe shirovikara in detail
- 5) write suryavarta, anantavata in detail
- 6) explain nasya karma in detail

chapter 12

- 1) describe ashtau mahadoshakar bhava with chikitsa
- 2) describe tantrayukti in detail
- 3) explain yapana basti in detail with examples.

